

JANUARY

2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

29

8am: Fundamentals - Backhand Basics
9am: Intermediate - Backhand Targets
10am: Advanced - Groundstroke, Approach Shot Targets & Structure Point Play

30

7:15am: Intermediate - Backhand Control
8:15am: Fundamentals - Backhand Basics
4:30pm: Intermediate 2.0 -Forehand Offense & Targets

31

Holiday- No Classes

1

Holiday- No Classes

2

7:15am: Fundamentals 2.0 - Groundstroke Point Structure

3

7:15am: Intermediate/Advanced - Doubles Match Play

4

8am: Fundamentals - Forehand Basics
9am: Intermediate - Groundstroke Spin
10am: Advanced - Offense/Defense

5

8am: Fundamentals - Backhand Basics
9am: Intermediate - Approach Shots
10am: Advanced - Groundstroke Grind
11am: Challengers Practice- Match Practice

6

7:15am: Intermediate - Forehand Grind
8:15am: Fundamentals - Forehand Basics
4:30pm: Intermediate 2.0 - Groundstroke Targets

7

7:15am: Fundamentals 2.0 - Forehand Spin Focus

8

7:15am: Intermediate - Backhand Grind
8:15am: Fundamentals 2.0 - Point Play
4:30pm: Cardio Tennis

9

7:15am: Fundamentals 2.0 - Backhand Spin Focus

10

7:15am: Intermediate/Advanced - Offense/Defense Strategy
8:15am: Challengers Practice- Match Skills

11.

8am: Fundamentals - Forehand Basics
9am: Intermediate - Forehand Control/Balance
10am: Advanced - Serve & Return
Event: Clubhouse Vision Boarding

12

8am: Fundamentals - Backhand Basics
9am: Intermediate - Backhand Power
10am: Advanced - Backhand Grind
11am: Challengers Practice- Match Strategy
Australian Open Begins

13

7:15am: Intermediate - Volley Calibration
8:15am: Fundamentals - Volley Basics
4:30pm: Intermediate 2.0 - Groundstroke, Approach shots, Volleys

14

7:15am: Fundamentals 2.0 - Backhand Targets

15

7:15am: Intermediate - Overheads
8:15am: Fundamentals 2.0 - Volley Points
4:30pm: Cardio Tennis

16

7:15am: Fundamentals 2.0 - Volley Targets

17

7:15am: Intermediate/Advanced - Doubles Tactics
8:15am: Challengers Practice- Point Structure

18

8am: Fundamentals - Volley Basics
9am: Intermediate - Volley Point Play
10am: Advanced - Volleys & Overheads

19

8am: Fundamentals - Overhead Basics
9am: Intermediate - Forehand Power
10am: Advanced - Groundstroke/Volley
11am: Challengers Practice- Match Strategy

20

7:15am: Intermediate - Approach Shots
8:15am: Fundamentals - Forehand Basics
4:30pm: Intermediate 2.0 - Point Structure Tactics

21

7:15am: Fundamentals 2.0 - Approach Shots & Balance

22

7:15am: Intermediate - Offense/Defense
8:15am: Fundamentals 2.0 - Forehand Focus
4:30pm: Cardio Tennis

23

7:15am: Fundamentals 2.0 - Groundstrokes, Approach shots, volley point structure

24

7:15am: Intermediate/Advanced - Doubles Tactics
8:15am: Challengers Practice- Serves & Returns

25

Serve Workshops
8-9am: Beginner Servers
9-11am: Intermediate & Advanced Servers

26

8am: Fundamentals - Forehand Basics
9am: Intermediate - Doubles Strategy
10am: Advanced - Singles Point Play
11am: Challengers Practice- Match Practice
Australian Open Ends

27

7:15am: Intermediate - Doubles Point Play
8:15am: Fundamentals - Backhand Basics
4:30pm: Intermediate 2.0 - Serves

28

7:15am: Fundamentals 2.0 - Serves

29

7:15am: Intermediate - Groundstr/Serves
8:15am: Fundamentals 2.0 - Backhand Focus
4:30pm: Cardio Tennis

30

7:15am: Fundamentals 2.0 - Serve Returns

31

7:15am: Intermediate/Advanced - Groundstrokes & Serves
8:15am: Challengers Practice- Serves & Returns

1

FEBRUARY

Black History Month

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1 Winter Tournament
2	3	4 World Cancer Day	5 Women in Sports Day	6	7	8 Challengers 2.0 Begins
9	10	11	12	13 galentines day	14 Valentines Day	15
16	17 Presidents Day random act of kindness day	18	19	20	21	22 national margarita day
23	24	25	26	27	28	1

MARCH

Womens History Month

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	1 Miami Open Kick Off Party
2	3	4	5 Indian Wells Begins	6	7	8 Special Olypics County Games International Womens Day
9 Daylight Savings	10	11	12 National Girl Scouts Day	13	14 PI Day 821 Social Classic	15
16 Indian Wells Ends	17 St. Patricks Day	18 Miami Open Begins	19	20 March Equinox	21 World Down Syndrome Day 821 Social - MO	22
23	24	25	26	27 Special Olypics County Games	28 821 Socials - MO	29
30	31	1	2	3	4	5

APRIL

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 April Fools Day	2	3 Autism Awareness Day	4 821 Socials - Padel	5
6	7 World Health Day	8	9	10	11 National Pet Day	12
13	14	15	16	17	18	19
20 Easter	21	22 Earth Day	23	24	25	26 Earth Day Beach Clean Up
27	28	29	30	1	2	3

MAY

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3 Mental Health Awareness Month Event
4	5	6	7	8	9	10 Challengers 2.0 Ends
11 Mothers Day	12	13	14	15	16	17 Spring Tournament
18	19	20	21	22	23	24
25 Roland Garros Begins National Wine Day	26 Memorial Day Weekend	27	28	29	30	31

JUNE

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 National Cancer Survivor Day	2	3	4	5	6 National Donut Day/Breakfast Club	7
8 World Oceans Day Roland Garros Ends	9	10	11	12	13	14 Global wellness day AWC Event?
15 Fathers Day	16	17	18	19 Juneteenth	20	21 International Yoga Day
22	23	24	25	26	27	28
29	30 Wimbledon Begins	1	2	3	4	5

JULY

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4 4th of July	5
6	7	8	9	10	11	12
13 Wimbledon Ends	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

AUGUST

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21 8/21 Day	22	23
24	25 US Open Begins	26 Womens Equality Day	27	28	29	30 US Open Collab
31	1	2	3	4	5	6

SEPTEMBER

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 Labor Day	2	3	4	5	6 US Open Watch Party
7 US Open Ends US Open Watch Party	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

OCTOBER

Breat Cancer Awareness Month

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1 International Coffee Day	2 Yom Kippur	3	4
5	6 Fall Camp + Retreat	7 Fall Camp + Retreat	8 Fall Camp + Retreat	9 Fall Camp + Retreat	10 Fall Camp + Retreat World Mental Health Day	11
12	13	14	15	16	17	18
19	20 Diwali	21	22	23	24	25 Breast Cancer Awareness Fundraiser
26	27	28	29	30	31	1

NOVEMBER

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2 Daulight Savings Ends	3	4	5	6	7	8
9	10	11 Veterans Day	12	13	14	15 Friendsgiving
16	17	18	19	20	21	22
23	24	25	26	27 Thanksgiving	28 Black Friday	29
30	1 Cyber Monday	2 Giving Tuesday	3	4	5	6

DECEMBER

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6 Basel Sport & Culture Event
7	8	9	10	11	12	13 821 Holiday Dinner
14	15 Hanukkah	16	17	18	19	20
21	22	23	24 Xmas Eve	25 Xmas	26 Boxing Day	27
28	29	30	31 New Years Eve	1 New Years	2	3